



*Seated, left to right:
Nicole Solomos, DO, and Brigid Scesny, PA-C.
Standing left to right: George Pianka, MD,
Gregg Cavaliere, MD and Anthony Maddalo, MD.*

Sports Medicine

HUDSON VALLEY BONE AND JOINT SURGEONS

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Centrally located in the Hudson Valley with offices in Hawthorne and Yonkers, Hudson Valley Bone and Joint Surgeons continues to bring the best care and service to patients with friendly staff, who are courteous, answer the phone promptly, and are often able to offer same or next-day appointments.

Anthony Maddalo, MD, joined HVBJSurgeons in 1986. He spent 28 seasons as Assistant Team Physician of the New York Rangers Hockey Club, and is currently team physician for Manhattan College, College of Mount Saint Vincent, The College of New Rochelle, and The Westchester Flames Soccer Club. He offers cutting-edge treatment for many sports injuries to athletes at all levels of play. Dr. Maddalo has also served as Department of Surgery Chairman and Board Trustee at Phelps Hospital for 12 years.

Gregg Cavaliere, MD, who has been the Department Chief of Orthopedic Surgery at Phelps Hospital since 2000, focuses on sports medicine with specialties that include the knee and shoulder. He is the pioneer of minimally invasive knee ligament reconstructions at Phelps. Dr. Cavaliere serves as team physician for Manhattan College, College of Mount Saint Vincent, The College of New Rochelle, and The Westchester Flames Soccer Club. He served four years as the New York Islanders Orthopedic consultant and continues to be involved and sponsor local sports functions.

George Pianka, MD, has served as Chief of Hand Surgery at Lenox Hill

Hospital in New York as well as Senior Attending at Phelps Hospital. His focus on up-to-date innovations in hand surgery allows him to use minimally invasive surgical procedures performed in the office under a local anesthetic with no incisions. Office techniques are possible to correct trigger fingers and Dupuytren's Contractures with rapid return to normal activity. These procedures allow patients to continue their active lifestyles and avoid the use of a hospital or surgery center.

Nicole Solomos, DO, is board certified in Family Medicine/Sports Medicine. After completing a residency in Family Medicine, serving as Chief Resident, she went on to complete a fellowship in Primary Care Sports Medicine at UMDNJ-Robert Wood Johnson. There, she attended to the athletes for two Division 1 Universities. Currently, Dr. Solomos is a team physician for Manhattan College, College of Mount Saint Vincent, and The Westchester Flames Soccer Club. She has experience treating recreational athletes, school-aged athletes, college athletes, and professional athletes.

Brigid Scesny, PA-C, has been working with Hudson Valley Bone and Joint Surgeons for over three years. She earned her Master's degree in Physician Assistant studies from the Massachusetts College of Pharmacy and Health Sciences in Boston and specializes in Orthopaedic Surgery, including sports medicine and joint replacement. She also works as the team physician assistant for the athletes at Manhattan College, The College of New Rochelle, and College of Mount Saint Vincent.